

*presents*

## ***Healthy Living Programs - Honoring Choices Presentation***

WHEN: October 17th, 2018

WHERE: Plympton Council on Aging

TIME: 10:00 a.m.

# ***Honoring Choices is coming to you***

It's your health care, and it's *your choice*—so

Make a Health Care Plan and Put your Plan into Action

Learn how to create your own personal plan:

1. Health Care proxy
2. Personal Directive on Living Will
3. Durable Power of Attorney
4. Medical Orders for Life-sustaining Treatment (MOLST)
5. Comfort Care/Do Not Resuscitate Order (CC/DNR)

**Sign Up: Plympton Council on Aging,**

**Plympton Town Hall, 5 Palmer Road, Plympton, MA**

**Telephone: 781-585-2700 Sign up with Jean**