

## **Plympton Council on Aging Minutes – May 8, 2017**

Members Present: Shirley Martin, Pat Mustacaros, Sue Walker, Dot Cushman, Joy Marble, Dottie Martel, Evie Hannigan

Attending: Inez Murphy, Polly Nordhal, Mary Lou White

The Council on Aging met at the Town House on May 8, 2017 at 10:30 am with Joy Marble presiding. The minutes of the last meeting were read and accepted with one correction to the date of the Plymouth COA march re World Elder Abuse from June 2 to June 22.

Old Colony Elder Services – Pat Mustacaros reported the OCES 5K road race raised \$6,500 to \$7,000 for the Meals on Wheels program. An appreciation lunch will be held for OCES volunteers on May 10 at the Shaw Center in Brockton. A benefit for OCES – Selfie with SID outreach - a contest supporting independence and dignity for seniors begins May 15 ending in July. OCES Elder Abuse Awareness march will be held in Plymouth on June 22.

Joy Marble introduced a motion to accept new board member and treasurer, Dottie Martel. Motion passed. She then introduced Joyce Curran as our new outreach worker. Joy proposed the idea of inviting crafters to display their wares for sale in the town house. After some discussion, it was decided to follow up at a later date. Joy reports that she has received calls for rides not related to medical visits. She was able to get volunteers via face book. A pharmacist from WalMart will be invited to give a presentation in June. Joy reminded the board to encourage others to attend Town Meeting. A piano has been donated to the COA. Food boxes will be available to seniors from South Shore Community Action Council.

Joyce Curran, our outreach worker, will be in charge of our Walking Grant.

Senior Aides – Jim Mustacaros - Jim attended the April Triad meeting held at Woodlands and reported on the presentation given concerning healthy eating choices. He gave an update on his clients and reports that he has one new client.

A motion was made and passed to accept Mary Lou White as a new Board member on the Council on Aging.

Treasurer's Report: Town: \$2,298.74; Handy: \$3,204.00.

Meeting adjourned at 12:10 pm

Respectfully submitted,  
Evelyn Hannigan