**Notice of Meeting**

**POSTED IN ACCORDANCE WITH THE PROVISIONS OF MGL 30A, §§ 18-25**

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| **Council on Aging** | | | |
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| **Date:** | **1/9/2024** | **Day of Week:** | **TUESDAY** |
| **Time:** | **10:30 AM** | **Place:** | **COA Office** |
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| **AGENDA** | | | |
| 10:30, Open Session | | | See Attached |
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| Upcoming meeting dates | | | To Be Determined |
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Signature: Nancy Butler Date: 1/4/24

**Council on Aging Board**

## **AGENDA - 10:30 a.m. Tuesday, 1/9/2024**

## Votes may be taken on one or more of the following:

## **OPENING -** Nancy Butler, Chair

**MINUTES –**November minutes for approval. There was no Board meeting in December.

**REPORTS**

1. COA December Reports – food pantry, warrants
2. Friends of the COA Reports – financial and/or other
3. OCES Report – Dottie Martel
4. BOS Report – Selectman John Traynor
5. Director of Elder Affairs Report

**UPDATES AND DISCUSSION**

1. Are we settled on Board meeting on second Tuesday of the Month? Time?
2. Review December 13, 2023 Holiday Luncheon at the Upland Club
3. Regular COA Programs – Possible discussion of issues, questions, ideas.
4. Wellness Clinic and Health Ed./Ask a Nurse Wednesdays – upcoming scheduled sessions, topic ideas for future sessions?
5. February 7 Silent Movie – Decide on movie to be shown, food, etc.
6. Other Proposed 2024 Activities/Services  
   A. Field Trip to visit the Plympton Equestrian Center
7. Time/Date for   
   i. GATRA information session?
8. Old Colony Elder Services presentation?
9. Oasis Senior Advisors presentation on housing transition?
10. Brief overview of 2024 luncheons
11. Logo / Name / Mission Statement for COA and Friends ongoing discussion.
12. Tentative visit with Recreation Commission representative.

**OTHER** - Any other business that legally comes before this board – This item is included to provide members of the public with notice that matters not reasonably anticipated by the Chair could be raised, deliberated, or even voted at this meeting.

**NEXT MEETING** – TBD subject to #6 above – TentativelyTuesday 2/13, 2024, at \_\_\_\_\_\_\_\_

**ADJOURNMENT**