Notice of Meeting POSTED IN ACCORDANCE WITH THE PROVISIONS OF MGL 30A, §§ 18-25

| Council on Aging | | | | | |
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| Date: | 5/9/2022 | Day of Week: | MONDAY | | |
| Time: | 10:30 AM | Place: | Town House | | |
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| NOTE: It is our intention to meet in-person in the Town House. The meeting will be held either in the COA office or in the Deborah Sampson Room | | | | | |
| office of the dec | - Joran Sampson N | | · | | |
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| AGENDA | | | | | |
| 10:30, Open Session | n · | | See Attached | | |
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| Upcoming meeting | dates | | 10:30 a.m., Monday, 6/13/22 | | |
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| Signature: Nanc | cy Butler | Date: | 5/05/2 |
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| Signature. Ivant | y butter | Date. | J/ UJ/ Z |

Council on Aging Board

AGENDA - 10:30 a.m. Monday, 4/11/2022

Votes may be taken on one or more of the following:

OPENING - Nancy Butler, Chair

MINUTES April minutes for approval

REPORTS

- 1. Jean Pacheco Reports for April food pantry, warrants,
- 2. Friends of the COA Reports financial and/or other
- 3. OCES Report Appoint new member to OCES board. Dottie Martel has decided to not renew her participation
- 4. Director of Elder Affairs Report Colleen Thompson

UPDATES AND DISCUSSION

- 1. Regular COA Programs discussion of issues, questions, ideas only as necessary.
- 2. Newsletter (June content ideas)
- 3. Activities and Events
 - A. 2022 Events set dates, food and locations
 - May 18th Parents' Day 41 people decorations, robocall, photos, venue, how much donation?
 - August 17 Summer Day Cookout at the Upland Club "Ragtime" Jack Radcliff.
 - Sep/Oct Autumn Day Ice Cream and pie? Date???
 - December Christmas/Holidays Lunch with Tom and Sheila Monaghan as Mr. and Mrs. Claus. Scheduled for December 7th, lunch at 12:00, entertainment at 12:45/1:00
 - B. 2022 Activities
 - Chair Hip Hop Dance Chair Exercise with Rondae Drafts May 9
 - Blake Planetarium (Plymouth) June 1
 - Yoga starts on June 1, Wednesdays 5-6pm
 - C. Other ideas
 - Balance & Conditioning/Exercise Therapy & Arthritis classes
- 4. COA office piano?

OTHER - Any other business that legally comes before this board — This item is included to provide members of the public with notice that matters not reasonably anticipated by the Chair could be raised, deliberated, or even voted at this meeting.

NEXT MEETING – Tentatively Monday, 6/13/22, 10:30AM. Generally held on the second Monday of each month at 10:30, or as called by the COA Chair.

ADJOURNMENT