

COUNCIL ON AGING
Board Meeting Minutes
December 14, 2020, 1:00 PM

MEMBERS PRESENT: Nancy Butler (Chair), Michele Llanes (Secretary),
Dottie Martel, Inez Murphy, Marylou White

MEMBERS ABSENT: Jackie Freitas, Shirley Martin,

GUESTS PRESENT: John Traynor (Interim Director, Colleen Thompson (Director),
Jean Pacheco (COA Admin. Asst.), Shannon Maxwell (Resident)

NOTES: This meeting was conducted on a Zoom meeting. Members and guest will be referred to by their initials in the minutes.

1. OPENING – The regular meeting of the Plympton Council on Aging (COA) was called to order at 1:00 p.m. by Chair NB.
2. MINUTES: The minutes for November 23, 2020 were approved as written.
3. OLD BUSINESS
 - a. Voted to keep name of newsletter.
 - b. Outreach person paid out of grant.
 - c. Meals on Wheels is part of wellness check.
 - d. Jim has access to only some info on citizens.
 - e. Board as a whole is happy or comfortable with the town Covid situation
 - f. Calls as wellness check are seniors' choice.
4. NEW BUSINESS
 - a. Look into programs through AARP.
 - b. New format for meetings
 - c. COA update on emails.
 - d. Zoom account \$159 per year. Town will probably cover this expense.
 - e. May put Zumba on Area 58? Waiting to hear back from them.
 - f. Warrants Report by Jean – WB Mason, Gas for van, newsletter expenses.
 - g. Follow through for Citizens for Citizens.
 - h. Mention of Duxbury's newsletter VA section. CT will look into this.
 - i. Age of "senior" set at 60 by neighboring COA groups (Halifax and Kingston)
5. NEXT MEETING: Monday 1/11/21, 10:30 PM
6. ADJOURNMENT – 2:14 PM

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