**COUNCIL ON AGING BOARD**  
Minutes January 9, 2023 10:30 a.m.

Members Present: Chair Nancy Butler, Cindy Bloomquist, Dottie Martel,   
Inez Murphy Absent: Geri Cellini  
Friends of COA Present: Cindy Bloomquist, Helen Reynolds  
Guests: Brenda and John Traynor   
Staff Present: Jean Pacheco, Colleen Thompson.   
  
1. **Opening**: Chair Nancy Butler opened the meeting at 10:40 a.m.

2. **Minutes**: November minutes were approved as written.

3. **Reports**:   
A. Business Report – Jean Pacheco  
 1) Warrants for November: $559.46 December $489.45  
 2) Pantry served November 31 people, 21 households, December 9 people 6 households.

B. Friend’s Report

1. Bank Balance $6067.80.
2. There was some discussion about increasing snow plowing reimbursement. New amount is now $40.00. Note; Shoveling services only to be reimbursed $25.00, out of formula grant.
3. Cindy Bloomquist has been getting pies from Shaw’s for the pantry.
4. Cindy Bloomquist filed the paperwork to be a non-profit.

C. OCES Report – Dottie Martel. There was no December OCES meeting. DM asked the Friends of COA to send $50.00 to help OCES expand their services program. The Friends agreed to do this.

D. Director's Report –

1. Colleen spoke with GATRA about adding Halifax and Carver to the route.
2. Jean and Colleen have a class in March to recertify for the food pantry.
3. Per a new Post Office policy, Colleen has been working with PO to set up an online account for paying for mailing the newsletters.
4. The MedBus was taken out for a drive and gas-up. Seems to be running well.
5. Qi Gong class to start today at the Old Town House.
6. The Fire Department will be arranging a field trip to the Boston Fire Museum in February.

E. Board of Selectmen and Town Update by John Traynor - See attached. In addition to the topics listed, JT talked about the First and Third Coffee Hours at the Library.

4. **Other Business:**

1. The February Soup and Sandwich luncheon was discussed. The silent movie “The Kid“ will be shown with Richard Hughes playing the keyboard.   
   FOOD: Dottie Martel will make egg salad and will contact Geri Cellini to help put the sandwich rolls together on the morning of the luncheon. Colleen will purchase ham and cheese subs from Walmart. Nancy Butler will make corn chowder, Cindy Bloomquist will make stuffed pepper soup, Colleen/Jean will make a chicken soup. Inez and Helen will bring chips, oyster crackers, and pickles. Cupcakes for dessert. Drinks will be coffee, water and soda (diet Coke and reg. ginger ale). Cindy and Colleen will follow-up on paper goods, coffee, cream, rolls for sandwiches, etc. We will use the church dishes for the soup.

C. Nurse Pat is looking for topics for the Health Ed. sessions. On Feb.28, she will talk about diabetes. There will also be a guest presenter from Diabetic Shoe Solutions to talk about the “Importance of Proper Foot Care and Footwear for People with Diabetes”.

D. A field trip to Plympton Equestrian Center on a Wednesday in March or May was discussed. Also, the possibility of having speakers come in after board meetings.

E. Nancy Butler will talk to the Recreation Committee to schedule a representative to come to an upcoming meeting.

The next meeting is scheduled for Tuesday, February 13 at 10:30.

The meeting was adjourned at 12:23 am.

Minutes were prepared by Jean Pacheco and transcribed by COA staff.

**John Traynor - Notes for Council on Aging Meeting**

January 09. 2023

Plympton Historical Society – Board Members

Executive Committee Voting Members

President John Traynor

Vice President Stephani Teran

Secretary Courtney Doyle

Treasurer Barry DeCristofano

Director Alan Wheelock

Director Deborah Anderson

Director Doug Reese

Curator / Archivist Martha Burns

Steering Committee as of January 8, 2024

Alan Vautrinot

Dave Bugbee

Dan Cadogan

Carolyn Decristofano

Elizabeth Westley

Jacqueline Freitas

Jane Schulze

Jennifer MacDonald

Russell Keirstead

Jonathan Mulcahy (Technology/Website Chairperson)

Jon Wilhelmsen

Kathryn Shepard

Kim Russo

Mark Russo (Finance Committee Chairperson)

Mike Lemieux

Old Town House use – Rules & regulations

Recreation Committee future plans – Lighting

Park opening and closing – Harry Jason Jr Park – Police

Naming convention for Churchill / Cato Ridge Park

Town Campus Study

* Water supply (well) Siting
* Soil testing and site analysis
* Septic design & placement
* Fire Station Feasibility

South Shore Equine Clinic & Diagnostic Center – Mark Reilly

Massachusetts Gun Law

Engine Braking (engine compression) Signs up around Town

~~GATRA transportation services~~

Wreaths on town street sign posts - Rules & regulations

Tom Bowes Office torn down.

MBTA Community zoning requirements

**John Traynor - Notes for Council on Aging Meeting, Page 2**

Winnetuxet Bridge Construction

SLT Construction Corp. - Application from SLT Construction Corp. for activities at Spring Street, parcel approximately 23.4 acres in size, including earth removal work and construction of a facility to process construction materials and recycle concrete, asphalt, brick, stumps, etc.

Carver Route 44 / 58 development - North Carver Project – No activity

How can I help you?